



Your passport to adventure

Gods of Egypt

Country(ies): Egypt

Tour type: Small Group

Transport: A/C minibus, 5-star Nile cruise boat & flight

Group size: Min: 2 | Max: 18

Days: 10 Days

Start location: Cairo, Egypt

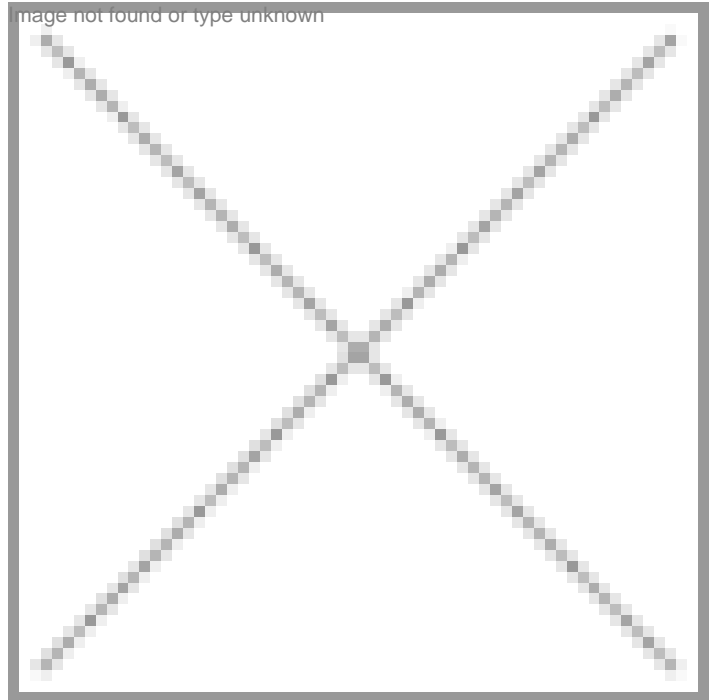
End location: Cairo, Egypt

Departs On: Saturday

Meals: Breakfasts - 9, Lunches - 4, Dinners - 5

Highlights: The Pyramids, Sphinx & Egyptian Museum in Cairo, Philae Temple & Abu Simbel option in Aswan, luxury Nile cruise, Temple of Karnak, Valley of the Kings & Colossi of Memnon in Luxor, Red Sea at Hurghada

Places Visited: Cairo, Aswan, Luxor & Hurghada



Itinerary

Day 1: Arrive in Cairo

We will meet and greet you upon arrival at Cairo airport and assist you with visa formalities before we transfer you to your 5-star hotel. One of our representatives will help you settle in and the rest of the day will be yours to explore or relax.

If you arrived early, you might be able to take a first look at the pyramids, explore the city or enjoy a Nile dinner cruise and show. This can all be arranged with our representative in Cairo.

OVERNIGHT: Cairo 5-star hotel

MEALS: None

EXTRAS: Single room supplement (EGSGDE) || Extra day in Cairo (5-star) - pre-tour

Day 2: Cairo, Pyramids, Sphinx & Museum tour

Your Egypt tour officially starts today with a trip to the towering Sphinx and Egypt's Great Pyramids. Our local Egyptologist guides accompany you for all your sightseeing trips and will give you in-depth knowledge about these ancient monuments.

If you're brave enough and have good knees, there's also a chance to climb inside the pyramids, but note that our guide's aren't allowed to go with you (the Great Pyramids has a limited number of tickets available).

After seeing the Pyramids and Sphinx, we head to the massive Egyptian Museum in downtown Cairo. The museum houses the famed exhibit of Tutankhamun, along with many other objects from the ancient past of Egypt.

We will transfer to the airport later in the evening for a short internal flight to Aswan, where we will meet and transfer you to your hotel overlooking the Nile.

OVERNIGHT: Aswan 5-star hotel

MEALS: Breakfast

EXTRAS: None

Day 3: Exploring Aswan. Optional Abu Simbel morning tour available

We wake up to one of the most picturesque stretches of the Nile this morning, as here the river is dotted with islands and traditional felucca sailing boats. Aswan is a melting pot of cultures from Africa and the Middle East that can be seen by exploring the busy souks and markets.

There's plenty of free time to explore the city at your leisure this morning. We'll then board our Nile Cruise boat for lunch, after which we take a short boat ride to Philae's charming Temple Island. This magnificent temple is dedicated to Isis and was relocated and rebuilt when the Aswan Dam was built.

There is also an option to visit Abu Simbel's UNESCO World Heritage Site very early this morning. Ramses II built this amazing site and it was also moved block by block and rebuilt inside a hillside higher up to save it when Lake Nasser was flooded.

OVERNIGHT: Nile Cruise Boat

MEALS: Breakfast, Lunch, Dinner

EXTRAS: Abu Simbel overland

Day 4: Nile Cruise to Komombo and Edfu

Today we spend time sailing down the Nile, sitting on the sun deck, getting first-hand experience of Egyptian rural life on the banks of the Nile River. We stop at the Kom Ombo temple, dedicated to the crocodile god Sobek, who was worshipped in pre-dynastic times & Horus, the falcon-headed god of the sky. We'll also sail to Edfu's Horus temple. We overnight once more in the Nile Cruise boat. Note – Nile Cruise itineraries and timings can vary slightly subject to local conditions and how busy the lock is on the Nile at Esna.

OVERNIGHT: Nile Cruise Boat

MEALS: Breakfast, Lunch, Dinner

EXTRAS: None

Day 5: Exploring Edfu Temple and a visit to Luxor Temple at night

We start this morning with a tour of the ancient remains of the Temple of Horus, Egypt's best preserved temple, it has many inscriptions in the Coptic language and is decorated with paintings. Then we sail to Luxor, built on and around Thebes' ancient site. It is regarded as one of the world's largest open-air museums.

This evening, we take a tour of the smaller Luxor Temple, which is in the centre of the city and is atmospherically lit up at night.

OVERNIGHT: Nile Cruise Boat

MEALS: Breakfast, Lunch, Dinner

EXTRAS: None

Day 6: Luxor West Bank tour, Karnak Temple

Today we travel to the Nile's West Bank, where we first visit the Valley of the Kings, whose musty tombs are still giving up their secrets today. This is widely considered one of the world's most important archaeological sites. Our tour includes access to several of these Pharaonic tombs, before we head to Queen Hatchepsut's temple and the Valley of the Artisans (Deir El-Medina). Our final stop is at the huge Collosi of Memnon before we head back across the river to our hotel.

There is an optional early morning hot air balloon flight available today over the west bank of the Nile for a different view of Luxor (be ready for an early start to catch the sunrise as the balloon rises).

After a break and time for lunch, we take a tour of Karnak's huge temple complex, once Thebes and Upper Egypt's religious centre. It was linked by a long sphinx lined avenue to the smaller Luxor temple, and also to the Nile via a canal that sailed the god Amun's holy vessels.

The enormous entrance to the Pylon, designed by Ramesses II, is accessed by a smaller sphinx-lined avenue that leads to the proper temple. There are three temples dedicated to the gods of Amun, Khous and Mut in the wide courtyard. The impressive Hypostyle Hall has a forest of colossal columns, each carved with gods and pharaohs scenes, and hieroglyphic inscriptions adorn the walls.

OVERNIGHT: Luxor 5-star hotel

MEALS: Breakfast

EXTRAS: Hot air balloon in Luxor

Day 7: Luxor to the Red Sea

We leave the Nile Valley this morning and drive to our five-star Red Sea resort hotel in Hurghada. Your stay here is on a soft all-inclusive basis, including all meals, soft drinks and snacks, but not alcoholic drinks.

OVERNIGHT: Hurghada - 5-star resort

MEALS: Breakfast, Dinner

EXTRAS: None

Day 8: Free time at the Red Sea

You have the day completely free to relax and soak up the sun at the Red Sea today. The area of Hurghada and Makadi Bay is ideal for scuba diving and snorkelling, and the rich marine life of the Red Sea here is a mecca for divers from all over the world.

Other activities available include quad biking, windsurfing, camel runs, kite surfing, sea fishing trips and glass bottomed submarines. Our local representative will assist you in organising any optional excursions you may wish to book. Hurghada's marina and old town are also just waiting to be explored for those who want a gentler option. If you would like to extend your stay, we can also book extra nights at the resort in Hurghada / Makadi Bay.

OVERNIGHT: Hurghada 5-star resort

MEALS: Breakfast, Lunch, Dinner

EXTRAS: None

Day 9: Drive to Cairo, Old Cairo & Khan-el-Khalili bazaar tour

This morning, we drive back to Cairo and check into a hotel in the city. There are optional tours available today, including a city tour in Cairo that includes Coptic Cairo, the Citadel and Mohamed Ali Mosque, or a half-day trip to Saqqara, Dashour and Memphis to learn more about the pyramid building's history and evolution.

We then take a guided walk through the back streets and bazaars of central Cairo in the late afternoon. We'll walk through the large Bab al-Futuh gateway in the old city walls and explore streets devoted to metalwork, spices, pottery, cloth, jewellery and anything else you can imagine as we slowly reach the more touristy Khan-el-Khalili bazaar. We will have time to try some tea and a shisha pipe for a break and maybe enjoy an early dinner of the informal national dish of Egypt, Kushari. If you're looking to get some souvenirs before you head home, now's your chance!

OVERNIGHT: Cairo 5-star hotel

MEALS: Breakfast

EXTRAS: Wadi Rayan day trip (Valley of the Whales) || Hurghada to Cairo flight upgrade

Day 10: Cairo hotel to airport

Your last day in Cairo is open for some last-minute shopping, or maybe a little more sightseeing, before we take you back to your flight home airport. If you have a night flight, you can also take an optional tour today. If you want to add some extra nights to your time in Cairo, you can also enjoy a day trip to Alexandria's colonial city on the Mediterranean coast, or travel into the desert to see Wadi Rayan's lesser-known Valley of the Whales World Heritage Site.

OVERNIGHT: N/A

MEALS: Breakfast

EXTRAS: Cairo city tour || Saqqara, Dashour & Memphis || Extra day in Cairo (5-star) - post-tour

Included

- 6 nights accommodation in 5-star hotels
- 3 night Nile Cruise on Egyptian 5-star-deluxe level boat
- All transport and transfers in private AC vehicles
- Domestic flight from Cairo to Aswan

- 24-hour airport arrival & departure transfer service
- Sightseeing tours as detailed in the itinerary
- Services of a local Egyptologist guide for all the sightseeing tours
- Private guiding for our group during the Nile cruise
- Meals as indicated in the itinerary

Excluded

- International flights (available on request)
- Visa fees (USD 25 available on arrival for most nationalities)
- Travel Insurance (mandatory, available on request)
- Meals not indicated in the itinerary
- Entrance fees to sites visited (allow approx. US\$123)
- Tipping kitty (allow US\$70)
- Drinks, snacks and other personal expenses (e.g. laundry)
- Tour guide tips
- Hotel Gala Dinners (if charged by the hotels on 24 & 31 Dec, see Tour notes)
- Any other items not mentioned above

Notes

Hotel Gala Dinners

Many of Egypt's hotels and Nile cruise boats arrange a very special gala dinner with entertainment in the evening on Christmas Eve and New Year's Eve. Payment for these is often optional on Christmas Eve (24 Dec) but may be compulsory on New Year's Eve (31 Dec), whether you attend or not. Prices can range from around US\$50 to over US\$150 per person. Final decisions on prices and whether dinners are compulsory are made relatively close to the time. We aim to always select hotels that make their Gala Dinners optional, though this is not always possible. Gala dinner prices are therefore not included in our prices above, but will be added to your booking if they become required. More information is available on request.

Options

Our tours are designed to include all that you need to enjoy a really special time in the destination you're visiting.

However, we do also offer some extra options to complement the tour and add some additional sightseeing or activities, or some extra time at either end of the tour.

All accommodation based options (e.g. Single supplements, extra nights, cruise upgrades) should be booked and paid for in advance so that we can make the appropriate arrangements.

Other options may either be booked and paid for in advance or while you are on the tour, though we recommend booking in advance to ensure there are no issues with availability.

Many options are priced the same throughout the year, but some may incur single or high season supplements - full details are given on the tour reservation form or on request.

Single room supplement (EGSGGE)

Min numbers: 1 person

Price: \$900.00

This option books a single room in all the accommodation throughout the tour. If you are a single traveller and would be happy to share a room, let us know and we will aim to pair you up with another traveller of the same sex. If a room share is available, you will not need to pay the supplement.

Note: The price shown is a low season price. Slightly higher prices may apply during high and peak seasons - the exact price for your dates will be shown on the online booking form and is always available on request.

Abu Simbel overland

Min numbers: 1 person

Price: \$150.00

The temples built by Ramses II at Abu Simbel are one of Egypt's highlights, and have a fascinating story behind them to go with their impressive size. When Lake Nasser was flooded, the final water level was going to submerge several temples, the most important of which being Abu Simbel. The temple was therefore dismantled completely and rebuilt further up the hillside where it sits today. The temple stands today as a testament to Ramses II and the great building prowess of the ancient Egyptians, as well as to modern engineering. We depart Aswan early in the morning to join an escorted convoy which departs Aswan at around 04.30. This gets us to Abu Simbel to see the temples in the light of the rising sun, and we then have a guided tour with one of our Egyptologists and some free time before we drive back to Aswan (approx. 3 hours drive each way, with around 2 hours at the temples). All transfers, guide, and entrance fees are included. The tour itinerary is designed so you will not miss any other activities if you choose this option. Note - we choose the overland route to get to Abu Simbel as the flight times there are unreliable and the journey using the flight is much more segmented (you get more rest on the coach), not to mention it is much more expensive to fly.

Hot air balloon in Luxor

Min numbers: 1 person

Price: \$150.00

This popular optional tour starts early in the morning so that you experience the sunrise over the Valleys of the Kings & Queens, temples and desert. We endeavour to use the earliest flights of the day as they are timed to fit with the rising sun, this means that times may vary. You get around 1 hour in the air.

Cairo city tour

Min numbers: 1 person

Price: \$75.00

This half day guided tour of Cairo tour begins with Islamic areas including the Citadel of Saladdin, boasting the famous Alabaster Mosque of Mohammed Ali. Then we head onto the Coptic area of Cairo where the Romans constructed the fortress of Babylon. The church of St. Mary was built over the ruins of two towers of the fortress whilst it is more commonly known as the Hanging Church next stop is St. Sergius which is said to be the resting place of the Holy Family. The tour finishes with time exploring the Khan-el-Khalili bazaar.

Saqqara, Dashour & Memphis

Min numbers: 1 person

Price: \$75.00

This half day guided tour on the outskirts of Cairo tour provides more insight into the history and evolution of pyramid building, and of the Egyptian civilisation. Our tours are based in the area of ancient Memphis, a former capital of Egypt. First we'll visit Saqqara, a huge desert necropolis which was built for the kings and nobles of the Old Kingdom. Here we see Zoser's 'step' pyramid and the adjacent Imhotep museum where we learn more about Memphis and the history of the region. Next we head to Dashour to see one of the next attempts at pyramid building. Dashour's moniker of the 'bent pyramid' shows they still had a bit to learn, but this is a fascinating site and the pyramid still has much of its original limestone cladding. We'll then return you to your hotel.

Extra day in Cairo (5-star) - pre-tour

Min numbers: 1 person

Price: \$135.00

This option adds an extra day to the start of your tour, staying in the same hotel as the main tour itself (subject to availability). Your airport arrival transfer is still included. Prices shown are per person and based on two people sharing.

Note: Single room and peak season supplements apply.

Extra day in Cairo (5-star) - post-tour

Min numbers: 1 person

Price: \$135.00

This option adds an extra day to the end of your tour, staying in the same hotel as the main tour itself (subject to availability). Your airport departure transfer is still included. Prices shown are per person and based on two people sharing.

Note: Single room and peak season supplements apply.

Tour Notes

1. Transport

Our trips feature a mix of different transport options. We want you to feel like you're really experiencing the country you're travelling through, but at the same time we want you to finish journeys refreshed enough to enjoy the next stage of the tour. In Egypt we do not use any public tourist buses or overnight coach journeys as we know that people don't sleep on board and end up very tired for the following few days. All the vehicles we use are air-conditioned, many are fitted with speed limiters, and all are inspected and checked daily. Some 4WD vehicles used on desert safari options may not always have air conditioning where they are only used for short periods.

This upgraded tour also avoids any overnight train journeys, featuring a domestic flight with Egypt Air between Cairo-Aswan

Nile cruise boat itineraries are subject to alterations depending on local conditions at the time of travel. Some sailing may be done after dark. Boats may moor up alongside each other at night, requiring you to cross through other boats to reach the shore. On Christmas Eve and New Year's Eve the cruise boats normally run a special Gala Dinner. The cost of this is sometimes compulsory, whether you attend or not, and is not included in our group tour prices, but will be added to your booking price if required.

2. Health and Vaccinations

You should ensure you are fully insured for medical emergencies including emergency evacuation and repatriation.

Recommended vaccinations and other health protection measures vary according to the country you are visiting and where you are travelling from. We recommend you contact your GP/medical practitioner or a travel clinic for current information on vaccinations needed for your destination. You should ensure that you are up to date with vaccines and boosters recommended for your normal life at home, including for example, vaccines required for occupational risk of exposure, lifestyle risks and underlying medical conditions.

In addition, additional courses or boosters normally recommended for the countries in this region are:

Egypt: Tetanus, Typhoid, Hepatitis A

Jordan: Tetanus, Hepatitis A

Israel: Hepatitis A, Poliomyelitis

Lebanon: Diphtheria, Hepatitis A

Malaria is not generally present unless it has been contracted abroad; you do not need to take malaria prophylactics.

More information is available here: [Egypt](#), [Jordan](#), [Israel](#), [Lebanon](#)

Note: We are aware of some places in Egypt using 'black henna' instead of pure brown henna. Black henna contains a chemical dye PPD (paraphenylenediamine) which can result in severe allergic reactions and resultant scarring. To be safe we recommend avoiding any henna tattoos while in Egypt unless you are certain they are using pure brown henna.

3. Passports and Visas - Egypt

Passports should be valid for at least six months after your departure from the country. Please do not bring an almost full or almost expired passport. Visa arrangements are the responsibility of the traveller, and requirements

are subject to change by the local authorities.

We recommend that you contact your closest Egyptian consulate or embassy for current information for your nationality.

In general official advice is that all nationalities obtain their Egypt visas in advance, as we cannot guarantee that you can get them in the airport. An online e-visa is available through <https://visa2egypt.gov.eg/eVisa/>. Please do not use any other website as there are many scam sites offering Egypt e-visas.

In practice however, many nationalities (including British and European, Australian, New Zealand, USA, Canadian) can and do obtain their visas on arrival in Cairo airport. The process is much quicker and simpler, the cost is currently **US\$25 p/p** and must be paid in hard currency (i.e. GBP, USD or EUR) - you'll be given change in local currency if necessary. There are no forms to fill in and you don't need to bring passport photos. Visas are issued at one of the bank desks in the immigration hall, before you get to passport control. Our representative will have met you by this stage and will assist with the process.

All African and Indian nationals, and some others, will need to obtain their visas in advance.

For further information on your visa requirements, please either contact us or your local Egyptian embassy/consulate.

4. Time

The time in Egypt, Jordan and Israel is GMT plus 2 hours. Daylight saving adjustments have historically been applied in some years but not others. At present it appears that there will be no daylight saving changes in Egypt 2016 and beyond, though this may change at short notice (with a resulting impact on flight times and schedules). In Jordan and Israel, daylight saving of one hour is generally applied between the end of March and the end of October, making it GMT plus 3 hours. Exact dates vary from year to year and sometimes the changes may be scrapped altogether.

5. Voltage

Sockets are two round pronged and 220 volts (Type C). Universal adaptors are available in most airport shops if you don't have one already. Standard European adapters will work fine, though sometimes they may feel a little loose in the sockets. All hotel rooms have electrical sockets where you can re-charge cameras, phones etc. Hair dryers are normally available on request from the hotel reception if not in your room already.

If you have US appliances (110 volts) you will need a voltage converter as well as a plug adapter.

6. Money - Egypt

The local currency in Egypt is the Egyptian Pound, often denoted 'LE'. The Egyptian Pound can vary significantly in value against the British Pound, but sticks fairly close to the value of the US Dollar. You do not need to arrange to bring any Egyptian Pounds with you to Egypt, as change facilities are available in all the hotels, airports and banks. You should try to obtain and keep hold of small denomination notes or coins on you during the tour as these are useful for toilets, tips and small purchases. ATMs are readily available in major towns and many local shops will accept VISA/Mastercard or Amex, but may charge fees of up to 10% - check before you pay. Travellers cheques are not recommended as they can not be changed in many places now, and can incur high fees.

While in Egypt you will need sufficient funds to cover meals not included in the itinerary, drinks, snacks, souvenirs and personal expenses such as laundry. These should generally all be paid for in Egyptian Pounds. You may also need to pay for the tour Tipping Kitty and site Entrance Fees while you are in Egypt. Payments for these may be made to your tour guide in hard currency (USD, GBP, EUR) at the start of your tour. Please see your tour

Included/Excluded details for more information and guideline amounts for these.

It is difficult to recommend a level of personal spending money which will suit everyone as this can differ greatly, but as a guideline, we would suggest allowing USD 15-25 per person per day as a minimum. Allow more if you plan on doing lots of shopping, or buying many alcoholic drinks.

7. Dates and Prices

We run regular small-group departures on this tour starting on Saturdays throughout the year. All departures are guaranteed to run with a minimum of 2 travellers. Departure dates and prices are listed on our website and on a separate dates & prices sheet available on request.

8. Booking & Payment

If you would like to book a place on this tour, please complete the online reservation form on our website (via the Dates & Prices tab on the tour page). You can pay your deposit or full balance online, or just hold a reservation if you prefer. We will then contact you with more details about how to complete your booking. Payments may be made by debit or credit card (subject to a card processing fee), or by making a bank transfer or posting us a cheque/bank draft. Full details will be provided in your booking confirmation email. Please [contact us](#) if you would like any more information or have any questions before making a booking.

9. Travel Insurance

Travel insurance is compulsory on all of our tours and needs to cover personal accident & liability, medical expenses and repatriation, travel delay & abandonment. We also strongly recommend that you take out cover against cancellation and lost/stolen baggage. Personal medical insurance does not normally provide sufficient cover and is generally not suitable for travel on our tours. You will not be able to join your tour if you have not provided us with details of your insurance or if you arrive without cover in place (no refunds will be due in this event). [More information...](#)

You may arrange your own insurance, or you can take advantage of a comprehensive policy that we can arrange for you through Endsleigh Insurance which has been designed to be suitable for our tours. The policy is available to travellers of all nationalities and you do not need to live in the UK to take out the policy. For full details of cover provided, prices and to apply for one of our policies, please complete [travel insurance application form](#).

Note: Any country that borders the Mediterranean is considered as 'Europe' for the purposes of travel insurance (including Turkey, Israel, Egypt and Morocco). If you are doing a tour that visits one country in 'Europe' and one that is 'Worldwide' (for example, an Egypt and Jordan tour), then you need a 'Worldwide' policy. When completing the form you should enter your travel dates including any extra days involved in overnight flights or connecting travel between your home and the tour. Our policies are not able to cover any extra time or activities other than your tour and options booked with us and your travel to & from home.

If you plan to arrange a hot air balloon flight locally, or do some scuba diving during your tour, you should check the small print in your policy to make sure these are covered (these are covered in our policy). Please also check the maximum altitude that you will be reaching and that full cover including emergency evacuation is provided up to this altitude.

IMPORTANT: We must have your travel insurance details (policy number and type of insurance) before you depart or you may not be allowed to join the tour. If you haven't told us already, please let us know the details when you can. You should take a paper copy of your insurance policy with you as you may be asked to show this at the start of the tour.

10. Financial Security

We are a UK registered company and an ABTA Member (Y4447) and you can be confident when booking with us that your money is safe and protected. Financial failure insurance is provided through Affirma to protect all customers for the land portion of their tour.

Please see [our website](#) or [booking conditions](#) for more information.

11. Responsible Tourism

It is impossible not to have an impact on the local environment, cultures and eco-systems when you travel. However, it is very possible to try and ensure that these impacts are as limited, or positive as possible. We are committed to ensuring that we try to leave our host countries in a better state than we found them and encourage and assist our travellers to help us with this.

The following are a few simple tips that require very little effort on your part but which will help ensure that any effect you have on the locations you visit is positive rather than negative.

- Don't prejudge: Things in different countries will almost certainly be different. That doesn't make them worse or inferior, just different.
- Communicate: Don't expect locals to speak your language. Take the trouble to learn a few words or phrases of the local language. Don't worry about sounding silly. Most locals are patient and accommodating and appreciate you making the effort to communicate in their language.
- Conserve energy: Be careful not to waste valuable resources. Use local resources sparingly. Switch off lights, air-conditioning and fans when you leave the hotel room and don't waste water. Remove superfluous packaging. Many countries have far less efficient waste disposal systems than ours. Remove packaging from newly acquired items before leaving home.
- Don't litter: No matter how untidy or dirty the country you're travelling in may look to you, avoid littering, as there is no need to add to the environment's stress. Many of the countries we visit have a tough challenge dealing with rubbish and waste. Please consider taking home as much plastic waste as you can (e.g. water bottles).
- Choose environmentally friendly products: By using environmentally friendly (bio degradable) sun creams, shampoos and detergents you can help reduce pollution.
- Respect local customs and traditions: As you are a guest in these countries, you should also comply with the local customs. If you are friendly and well mannered, the locals will reciprocate and it will only enhance your experience. It's important to follow dress and behaviour guidelines especially when visiting religious or sacred sites (your tour leader will advise you how best to do this).
- If a client commits an illegal act the client may be excluded from the tour and Egypt Uncovered shall cease to have responsibility to/for them. No refund will be given for any unused services.

All porters are employed and equipped following guidelines set by the International Porter Protection Group (IPPG).

12. Follow Us Online

You can stay in touch with us online by following us on Facebook and Twitter. We post updates on relevant travel news in our destination countries, special offers and discounts and other interesting travel related news and information.

www.facebook.com/EgyptUncovered

www.twitter.com/encounterstravl (yes, without the 'e')

13. Before you travel

It is important when considering and preparing to travel anywhere in the world that you have a good understanding of the country you are visiting, its laws and customs, and the possible risks and situations that may occur. This includes specific risks related to your itinerary (eg. does it involve water & can you swim, are you fit enough for the activities included), as well as more general risks such as terrorism and natural disasters.

General details and links to more information about health risks, visa requirements, money, and travel insurance are given in these tour notes. We recommend that you re-read all these before your departure as well as the small print of your travel insurance policy so you know exactly what is covered and what is not.

You should take copies of your important travel documents with you and ideally also store them online securely as a backup. Make sure that you have given us your emergency contact details and told that person where and when you are travelling. Ensure you take enough money with you and that you have access to emergency funds.

Finally, you should read through and stay updated with the current [official government travel advice](#) for your destination. We are registered partners with the UK Foreign Office's ['Travel Aware' campaign](#) which provides further useful and invaluable information.

['Travel Aware' campaign](#)

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Note: Please [download an up-to-date copy](#) of these tour notes shortly before you travel as itineraries and information does change from time to time.
